

List: Suggested basic supplies

List: Suggested basic supplies

You won't need to have every item in the Supply Kit, but you will need some basic items to run activities with adolescents:

These include:

Item	Quantity	Description	Notes
Bag, container or trunk	1	Should be strong, lightweight, waterproof, ideally with a strong strap or handles	Can be used to carry all of the supplies
String, rope or cloth	1	Should be strong	To serve as a strap for the supply bag or container (if it doesn't have one) so it can be carried or hung up
Smaller bag or container	2	Should be lightweight and waterproof	Can be used to keep supplies such as pencils and paper dry and organised
White/black board or flip chart	1	Should be portable, lightweight and reusable	Can be used by facilitators or adolescents to write notes or instructions
Chalk or erasable markers	18 packs	4 markers/chalk pieces per pack	Can be used to write on a white board/black board
Hard sheets	4	Can be cardboard, plastic or another hard material	Adolescents can put paper against them to write/draw on and/or use them as ground sheets to sit on
Plain Paper	3 packs	500 sheets/pack, Can be manilla, composition or coloured paper	Can be used for adolescents to draw and write on
Pencils	50	Both regular and coloured if possible	Adolescents can use for writing or drawing
Pencil sharpener	4	Small	Those with sharp edges should be stored and used carefully
Scissors	4	Medium	Should be used carefully as they have sharp blades

List: Suggested basic supplies

Item	Quantity	Description	Notes
Glue sticks	4	Extra strength if possible	Can help attach one piece of paper to another
Art supplies		Paints, crayons, etc	Include anything that adolescents can use to make art!

Please note that these are simply estimates of how many items you might need for working with a group of approximately 50 adolescents over a three-month period! Do what makes sense for adolescent girls and boys in your particular situation – and remember that some items may be used up more quickly than others.