

# From shortest to tallest

Adolescents must line up from shortest to tallest without speaking

 3/5

 1/5

 10 min

1

## Explain

Participants will perform this activity without talking. They should not speak, but can use gestures and hand movements.

2

## Facilitator says

"Without talking, you will line up standing shoulder to shoulder from the shortest person to the tallest person. You will only have 20 seconds to do this so be quick!"

3

Give the participants a signal to start and count to '20' out loud.

4

Once the time is up, check to see that they have followed your instructions and see if anybody is out of place.

5

## Optional

Play the game again, but this time ask adolescents to line up by age or another category, such as day of the week or month on which they were born, or how close or far they live from the activity space.

## Environment

Indoor or outdoor space.

## Supplies

None needed.