

Tool: Measuring progress toward competency goals¹




There are a lot of ways to measure adolescents' progress toward competency goals:

- ▶ Observation of adolescents in their circles and within the community;
- ▶ Interviews/focus groups with adolescents, facilitators and community members;
- ▶ Participatory exercises and activities with adolescents; and
- ▶ Written questionnaires or surveys.

1. This tool is based on content in the Peacebuilding Competency Outcome Framework, UNICEF, 2015, unpublished.





Tool: Measuring progress toward competency goals

Use the sample tool below as a guide to developing your own tools for measuring adolescents' progress toward competency goals.

Sample Tool: Monitoring competency goals					
Competency Goals	Negative change	No change	Some change	Big change	Notes
					
Adolescents can:					
Communication and expression	Listen to other people's perspectives, concerns and needs				
	Express their ideas, perspectives or opinions				
	Communicate calmly and effectively in challenging situations				
Adolescents can:					
Coping with stress and managing emotions	Recognise and express different emotions safely and constructively				
	Use healthy strategies for reducing stress and managing negative emotions				
	Respond constructively to other peoples' emotions and stress				

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Sample Tool: Monitoring competency goals					
Competency Goals	Negative change	No change	Some change	Big change	Notes
					
Adolescents can:					
Cooperation and teamwork	Listen to the ideas and opinions of others and find solutions cooperatively				
	Work in inclusive ways and compromise when working on a group or team task				
	Form healthy, respectful and cooperative relationships with others				

