

Three truths and a lie

Adolescents must share three truths about themselves and one lie. Other adolescents must guess which are the truths and which is the lie.

 2/5

 3/5

 10-15 min

1

Explain

Adolescents write their name, along with four pieces of information about themselves on a large sheet of paper.

2

Facilitator says

"On the piece of paper you must write three things that are true about yourself and one thing that is false. For example, 'Alfonse likes singing, loves football, speaks 10 languages and loves to dance'. Which one is false?"

3

Explain

Participants then go around the space with their sheets of paper. They meet in pairs, show their paper to each other, and try to guess which of the four pieces of information is false. Participants should continue to go around the room until they have met with everyone.

Environment

Indoor or outdoor space.

Supplies

Paper and pen or pencil for each participant