

Memorize my moves

Adolescents stand in a circle and each create a dance move while the whole group must memorize it in order

🔋 4/5

📄 1/5

🕒 10 min

1

Ask adolescents to stand in a circle.

2

Explain

One person will begin the game by showing everyone a quick dance move or movement, for example, stomping feet, jumping in the air, or spinning in a circle. The person to their right must copy the dance move, then create their own. The third person must copy both dance moves and create their own, and so on, until everyone has had a turn.

3

Explain

Participants should try to get around the whole circle without any mistakes. The last person will have the most dance moves to memorize.

4

Play the game a second time in a new order with new dance moves.

Environment

Indoor or outdoor space.

Supplies

None needed.